



CLASSROOM POSTER

# Pause Before Food

Simple steps to protect classmates with severe food allergies.

1

## Ask first

Check with the student's family or approved school plan before offering food.

2

## Keep food separate

Use clean hands, clean surfaces, and approved items only.

3

## Include safely

Choose activities that do not isolate or embarrass a child with allergies.

4

## Respond quickly

Tell a trained adult right away if symptoms or exposure happen.

## Remember

Food allergy safety is not about preference. For some children, one bite, touch, or shared surface can matter.

